



Yogaretreats in Umbria Italy

### **Statement regarding trekking with Enrico Bonini**

We are a Norwegian company arranging yoga-retreats for Norwegian participants in Umbria. Our operation started in 2004 and several hundred has joined our tours since 2004.

For the last ten years, we have included a 3-days mountain trekking in the Sibillini / Marche National Park in our yoga-retreat program. After a week in Bovara with yoga and meditation practice, the group, normally between 15 – 20 people, are taken to a hotel in Sibillini for trekking, before going back to Norway.

When we were introduced to Mr. Bonini, we learned at once, that he was a experienced trekking expert, and for the last ten years, he has always proven that we could not have had a better guide and advisor for the mountain trekking.

- Enrico Bonini is a very skilful planner –always updated on weather and conditions
- He is a prima consultant, giving out the best advice for equipment, packing, clothing and walking
- Enrico always gives out detailed information about *the todays walk* to the group
- He is always taking care of the whole group and is very caring when someone needs a little extra attention or advice
- There is no pushing or competition, every single person is seen and have Enrico's sympathy.
- Enrico always carry extra equipment if someone need something
- He is always prepared with first aid help
- There is always an evaluation with the group and him after the finished walk
- He understand and speaks English fluently
- Enrico is a very kind and social character, people enjoy walking with him
- Last but not least; Enrico have such a love and respect for nature, being so he is an very inspiring person to walk with

We have also privately experienced tours with Mr. Bonini. In Pollino National Park, Italy; summer and wintertime, in Mexico/Guatemala and trekking in Turkey. The same qualities apply as above.

We give him our best recommendations!

Oslo, Norway 17.3.2021  
Jon Otterbeck  
Managing director